



**South Asia CJ Province
Newsletter
March 2026**

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Teilhard de Chardin observed this truth when reflecting on his spiritual growth,

‘The deeper I descend into myself, the more I find God at the heart of my being.’

As we move steadily forward during this year 2026, Sr. Monica Suchiang and our PLT have planned to focus our attention on our spiritual growth, taking for our theme:

‘Ignatian Discernment and Mary Ward’s charism lived daily’.

In this context, I would like to share something from Joyce Rupp’s book, **Open the Door**, which I am reading presently:

‘The image of the key opening a door to freedom led me to view the door as a potent symbol for spiritual growth – What needs to be unlocked in me? How could I release and discover more of my potential to be my best self? What closed doors were helpful, which ones held me back? I compared the movement of opening a door to my desire to be my authentic self. Each opening is an occasion to learn and accept what is truest about who I am. There is great freedom in this process which helps me to recognize my genuine self, the one God created me to be, which leads to self-acceptance and harmony.

The full person God created us to be contains more than we can imagine. Opening the door of our heart allows us entrance into the vast treasure of who we are and to the Divine Presence within us. We have an immeasurable amount of love and tenderness in us if only we open the door to discover it, and grow into the fullness of who we are. The Holy One is forever startling us with the prospect of further growth. This needs intention and awareness. We develop this alertness through pauses of silence, focused prayer, meaningful worship, deliberate reflection and dialogue with spiritual companions. Anytime we slow down and choose to stop and consider what is happening (or not happening) in our life, we are preparing ourselves to open the door of our heart.

When I open the door of my heart to God I risk being spiritually transformed into a person whose life continually manifests goodness. I make a decision about the direction I want to go, whether forward or backward. The choices and decisions I make determine whether I enter the unknown territory of growth or turn back and cling to the safety of who I presently am.'



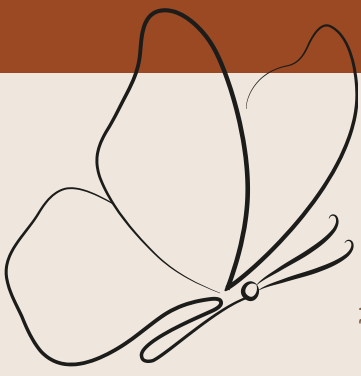
So, with open minds and hearts, let us move through this year looking forward to what marvels the Lord is going to work in each of our lives, not just for those few days of our meeting in Shillong, but right into the future.

Sr. Mary De Souza

A Call that makes us *Free*

Thank You





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Sr. Antoinette Maria Rodrigues



MARY WARD – A PILGRIM WALKING THE PATH OF GOD’S WILL

To know Mary Ward is to love and admire her. For me, it means walking the journey of my life as she did hers. Mary Ward, to me, is one of the most extraordinary and outstanding women in the Church and in history. She was a pioneer of the contemplative-active religious life for women, advocating a non-cloistered life and self-governance for religious women. She also recognized religious as lay persons in their rightful place and therefore encouraged them to dress in lay clothes, despite facing contempt and ridicule from many.

Mary Ward’s courage and daring were unmatched. She crossed the Alps three times for the work of the Institute. She travelled through war-torn Europe and traversed the English Channel, unafraid of the dangers such journeys posed for women. She braved persecution in England and served there fearlessly. She recognized the importance of widespread education for the girl child and the upliftment of women. She faced imprisonment, accusations, and criticism with calmness and dignity. But her greatest sorrow was being rejected by the Church she loved, branded as “a heretic, schismatic, and enemy of Holy Church,” and eventually dying in isolation, having lost all that she had strived for. Such difficulties would have sapped the confidence of most women, but not that of Mary Ward.

What was the secret of Mary’s drive, her passion, her courage, and her daring? On studying her life more closely, I saw that Mary Ward was committed to following God’s will, no matter what it cost her or how it might disrupt her life. “We have but one occupation – to fulfil the will of God in everything,” she says. At every stage of her calling, she was careful to discern her next step, striving to do exactly what God asked of her, even if it brought difficulties or criticism.

At the tender age of ten, she discerned that she should receive Holy Communion, even though it meant going against what appeared to be her father’s instructions. In her prison cell, there is a beautiful account in her biography of her discernment about how she should proceed further. It was God’s will that she sought and rejoiced to fulfil. Even in prison, Mary Ward did not back down. Instead, she calmly wrote secret letters to her sisters, encouraging them to continue the work for God.

One of her notable quotes is: “The way of love is the way of the Cross, but all who walk in it shall have life eternal.” What depth of vision, what courage, and what dedication! Yet what loneliness, challenges, and heartaches it can bring.



*Mary Ward, Mary Ward,
Your dedication, our inspiration.
Mary Ward, Mary Ward,
Live forever in our hearts.
Mary Ward, Mary Ward,
Teach us your wisdom of Truth and Justice.
Mary Ward, Mary Ward,
Let us ever be “Wholly God’s.”
(The first verse is a Mauritian composition.)*





Sr. Mable Pramila Rudum

Shillong Community

It's a privilege to be Called.

“CHERISH GOD’S VOGATION IN YOU. LET IT BE CONSTANT, EFFICACIOUS AND LOVING.” MARY WARD.

Our three sisters Mariana Bage, Miri Phawa and Priyanka Dungdung professed their final commitment on 31st of January, 2026 in the presence of two Bishops Rev. Bp. Ferdinand Dkhar Bishop of Jowai Diocese and Rev. Bp. Paul Simick Bishop of Bagdogra Diocese, seven priests, Fr. Bipin Kishor Tirkey (Mariana’s Parish Priest), Fr. Alexander Kullu (Priyanka’s uncle), Fr. Alan MSC, Br. Brinesh and Br. John from South Sudan.

The ceremony was held in Sacred Heart Catholic Church, Mihmyntdu, Jowai Parish (Miri’s Parish) and was a gracious and blessed celebration. It was beautifully and prayerfully organised by the parishioners.

From the beautifully arranged altar decoration and the soulful choir to the vibrant cultural programme, generous local food and all the meticulous arrangements, everything was beautifully coordinated by the various committees of the parish. We are grateful to Mr. Denise Kurkalang, Mr. Carmel Suchiang and Mr. Augustine Phawa for all their generous help. Almighty God loves a cheerful giver.



This auspicious celebration was enriched by the prayerful presence of the family members of Sisters. Monica Suchiang, Soria and Genevieve, Matilda and Baiada, the families of three finally professed sisters, invited guests, the PLT, CJ sisters and other religious all of whom gathered to bless our three sisters.

Know and acknowledge the works of God and give thanks. We give thanks for the gift of Vocation of our three sisters and wish them all the blessings as they work for the Kingdom of God.





Sr. Manjula Lomga

Loreto Residence

MERGER CELEBRATION

On the 21st November, there was a palpable air of excitement as all were geared up for the next day's Merger Ceremony. Srs. Monica, Agnes, and Matilda arrived from the Provincialate in the morning to stay in 52C for the duration of the festivity. Six Sisters in 52C were unable to attend the long ceremony on the 22nd; hence, in the evening a special ceremony was held for them to renew their vows and receive the CJ emblem. The community room was specially arranged with chairs in a circle around a decorated table. Pictures of Mary Ward and Teresa Ball, together with a tray with the CJ emblems and some holy water, were placed beside a candle. At 6.30 p.m. the community assembled with Sr. Monica Suchiang presiding. Each member was given a booklet.

We began with a prayer. Sr. Monica read an abbreviated form of the Decree. Then following the ritual the Sisters renewed their vows. The explanation of the emblem was read, the emblems were blessed by Sr. Monica and she gave each one of the six sisters, the emblem. The rest of our sisters received the emblem on the 22nd November during the Merger Celebration on the Entally grounds.



SPIRITUAL FOOD

On 20th Dec 2025 evening, we began our Recollection day with Mass and a talk by Fr Sunny SJ, which continued the next day with confessions and Mass, and ended with a delicious lunch.

We had a Thanksgiving Mass on 31st Dec 2025 in the morning. In the evening Sr. Carmella conducted another Thanksgiving service at the end of which we recited the Te Deum to end Year 2025 with gratitude.

CHRISTMAS CELEBRATIONS

We the sisters in 52c are loved by all. Before the Christmas and after we had many visitors, the family members of the sisters, friends, the past pupil and teachers, the students and teachers of Loreto Elliot Road, Children from NGO- Tabitha's Heart, who came individually and in groups to share the joy and happiness of our Lord's birth.



On 24th Dec the support staff had Christmas lunch with us followed by games and dancing. They went home happily with their gift bags. In the evening the community had the Christmas Vigil prayer and then enjoyed the exchange of gifts and the joy of Christmas.



MARY WARD CELEBRATION



On the feast day of our foundress, we had a special mass at 6 pm presided over by Fr Jacob SDB. The sisters from Entally and Bowbazar, Mr. Jeffery, the Novices and Sr Eithne's sister and niece joined the celebration.

The annual staff picnic was a resounding success, fostering team spirit and rejuvenation. Amid Eco Park's verdant landscapes, activities included boating, eco-walks, and a shared meal. Spiritual reflections and group prayers enhanced communal bonds, aligning with our values of growth and service.





Sr. Aruna Kujur

Delhi Community

A JOYFUL WELCOME AND CELEBRATION (DECEMBER)

December began on a grace-filled note with the arrival of Sr. Shweta CJ, the Allahabad Provincial, on 5th December for her retreat, directed by Sr. Igora. We marked her feast day with a cake and a small surprise gift, which brought great joy.

On 9th December, we were delighted to welcome Sr. Geraldine Moktan from Rome for her home holiday, adding warmth and liveliness to our community, sadly only for two days.

Christmas Day was truly special as we celebrated with our six security guards, the supervisor, and Mrs. Rizada. The delicious meal was prepared over firewood on the premises, and we shared a joyful Christmas lunch in a spirit of simplicity and gratitude.



VISITORS, DEPARTURES AND HEARTFELT REUNIONS (JANUARY)

January brought many meaningful encounters. On the 14th, Sr. Sabrina arrived from home and spent only a day with us before leaving on the 15th for her sabbatical in Canada and the USA.

On the 18th, we welcomed Sr. Prisca CJ from Nainital, who stayed briefly before heading to Patna on the 20th.

Sr. Anita Braganza arrived on the 20th for her visa work and spent 4 days with the community. We cherished our time together as she shared her enriching experiences from Springbank before leaving for Kolkata on the 25th.



HONOURING MARY WARD – A SHARED CELEBRATION (JANUARY 23)

The feast of Mary Ward was a joyful occasion as the Christian Brothers, Patrician Brothers, parish priests, and deacons joined us for the celebration. A prayer service led by Sr. Greta set a reflective tone, followed by dinner and lively conversation that strengthened our bonds of friendship and faith.



A SACRED MOMENT OF PROFESSION (LATE JANUARY – EARLY FEBRUARY)

On 28th January, Sr. Igora travelled to Shillong for the final profession of Mariana, Miri, and Priyanka. We watched the ceremony, which was deeply moving and spiritually uplifting. She returned to the community on 2nd February, bringing with her the joy of this beautiful milestone.

CHRISTMAS COMES AGAIN! (FEBRUARY)

On 8th February, we warmly welcomed Adrina from Bangalore for her internship. Since she had missed Christmas celebrations in the community with us, we joyfully recreated the spirit of the season with a gift exchange and shared Christmas presents – a truly joy-filled evening for all.



Sr. D. Vimala Rani

LH Community

Ten of our CJ Sisters arrived in Loreto House on the 1st December 2025 from different Provinces to see the Archives and join in the COIN meeting. On 4th December, the CJ sisters left for their Provinces after fruitful meetings.



On the 13th of December, we made our community recollection. It was a very good, quiet time to be with the Lord. It was fruitful, enriching, and encouraging for us on our spiritual journey. Fr. Rakesh SJ gave us a talk on how the Samaritan woman met Jesus at the well. Their conversation helped us to spend the day communicating with Jesus.

We had the Christmas tree programme for the Sunday school children of our parish on the 14th December. It was very delightful to witness the joy of the children as we conducted the different activities for them.



On 18th December, we got an opportunity to sing Christmas Carols at Allen Park under the guidance of our choir mistress, Sr. Molly. We were happy to meet our honourable Chief Minister, Mamma Banerjee.



Christmas lunch and distribution of gifts to all our support staff was organized on the 19th December.



On 21st December Sr. Baiadamary arrived from South Sudan for her home holiday and stayed with us for Christmas. We were happy to see her, full of life and fun, and she shared a lot about her mission in South Sudan.

We went to greet and sing carols for our sisters in 52C on the 23rd of December. The sisters were very happy, and we also enjoyed singing and dancing for them.

On 25th December, we had a fellowship meal with our Rev. Dr. Bishop Elias Frank and two other priests from Bishops' house, the priests from St. Thomas' Parish, Xavier Sadan, and the Sisters and the priests from Vianney Home.

On January 1, 2026, we began the day with God's blessings and grace. Sr. Geraldine returned from her home holidays and traveled back to Rome; her niece and nephew came to see her off.



On January 3, our support staff went on a picnic to Marberya. Some of our sisters joined them. We played games, danced, and had a great, joyful day together.



JOYFUL BIRTHDAYS AND MILESTONES

On January 8, we celebrated Sr. Banisha's birthday. The very next day, January 9 brought double delight as we honored Sr. Molly's birthday in the same graceful way—a Mass for her and her loved ones, capped by an evening prayer gathering.

On Mary Ward's birthday, we joyfully marked Sr. Monica Suchiang's special day too. A beautiful Mass unfolded, graced by an entrance dance by our hostel girls and young sisters. Fr. Paul SJ led the celebration with vernacular hymns and heartfelt Prayers of the Faithful. Sisters from Elliot Road joined us and post-Mass, we sang birthday cheers before Sr. Powlin led a fun fruit salad cutting. The afternoon feast sealed the memorable day.



WELCOMING VISITORS AND FAMILY BONDS

We buzzed with happiness hosting family visits- On January 12, Sr. Beatrice's lively family joined us for lunch, singing and playing songs that lit up the house. January 14 saw Sr. Baiada and her family arrive for her SIR work. Sr. Mary Desoza also arrived that day from Nepal, embarking on her retreat. Their energy lingered until January 17, when Sr. Biada's family departed after completing their tasks.

Later waves of guests enriched us. On January 25, Sr. Anita Braganza arrived for a work visa, overwhelming us with delight. January 26 welcomed Sr. Rani Minj from her ministry, sharing inspiring stories that left us happy and spiritually nourished.

Sisters came for purposeful stays too—Srs. Flora, Clara, Madhu, Regina, and Archana arrived on January 15 for SIR work. Sr. Marilla returned that same day from 52C post-treatment and was warmly welcomed back to our community.

On January 30, during our Institute's Feast Day, we celebrated with a beautiful Mass. For dinner, we invited priests from our parish and Xavier Sadan, as well as nuns and priests from Vianney Home. The evening began with a short prayer service led by Sr. Maxima, followed by a delightful barbecue with singing and dancing in the college quadrangle. We ended the day gracefully with blessings from Mary Ward.

MISSIONS, DEPARTURES, AND FESTIVE GATHERINGS

Sr. Phyllis jetted off on January 5 for family holidays in Australia. Sr. Powlin headed to Trichy on January 10 for mission work and returned on January 21 with Sr. Anita Sahaya for the verification of her Special Intensive Revision (SIR), the government's electoral roll verification process related to voter registration in India.

Sr. A. Nirmala left January 29 for a meeting in Rome alongside a KMWSC staff member - Nobonita. Sr. Anita Braganza departed on February 5 after successfully completing a paperwork she came for.



Finally, on 1st February, the CRI organised a gathering at Loreto House School, and it was happy to see many of our sisters join.





Sr. P. Initha

Asansol Community

The Feast of Mary Ward was celebrated in a meaningful and prayerful manner over several days, bringing together the Friends of Mary Ward, the Sisters and members of the school community.

In the school, the celebration was prepared and carried out through special morning assemblies. Each day had a meaningful theme, and the assemblies were beautifully conducted by the four houses. The students also took part in various activities, including speeches and debates, based on Mary Ward's maxims. In this way, the school community celebrated the feast in a thoughtful and inspiring manner.

On 29th January, we began the celebration with a beautiful prayer service along with the Friends of Mary Ward. Following the prayer, we had a faith-sharing session in which we reflected on how to move forward with the Friends of Mary Ward activities and discussed ways to involve more members. The meeting was fruitful and encouraged everyone to take greater responsibility in strengthening the group.



On 30th January, our feast day, we invited the Friends of Mary Ward members, along with the sisters, for the Eucharist. The liturgy was meaningfully led by the Friends of Mary Ward – they took care of the Readings, intercessory prayers, and other parts of the celebration. After the Mass, we shared a fellowship breakfast.

Later, at 11:30 a.m., we organized a special activity for the teachers. They were paired as partners and engaged in games based on Mary Ward's maxims. The session was both enjoyable and enriching, helping the teachers learn and appreciate many of the maxims creatively.

During the gathering, the Friends of Mary Ward members spoke to the teachers about the purpose of starting this movement, what can be done in the future, and how they, too, could be involved. They encouraged participation and shared their experiences. As a result of this interaction, three new members joined the group.

We then shared a fellowship meal. In the evening, we invited our Parish Priest, Assistant Parish Priest, Father Jerry, who supports us in our spiritual needs, and priests from the Bishop's House. We shared an evening meal with them and spent time together in joyful fellowship.





Sr Anita Lakra

Dharan Community

Srs. Monica Suchaiang and Biviya Lepcha visited the mission here in Dharan from the 16th to the 19th of December in order to do a survey of all that was happening on the ground so that an evaluation could be done, and to see how things could be taken forward. They visited the tuition centres, the Montessori Bal Bikas Centre, the tailoring unit, the Self-Help groups, and the hostel girls to get a feel of various aspects of the people we serve. We accompanied them to visit the two CJ communities in the vicinity to strengthen our relationships and gain a broader understanding of the CJ presence and ministry in Nepal.



Two of our hostel girls, Soumya Murmu and Sanjana Murmu were baptized and received their First Holy Communion at the Christmas Vigil Mass.

Sr. Mary De Souza joined our community as a member on the 26th December 2025. Sr. Ganga Badewar came to spend a week with us on the 9th January since she was on holiday and visited her family too. We went to Bhedetar for an outing on the 19th January and did the sky walk.

On the 23rd, we went to Sirsia to celebrate Mary Ward's birth anniversary with our sisters there. On the 30th January, we invited our immediate neighbours, the priests of the Parish, the SCN sisters, our staff, and the hostel girls for the Eucharist and lunch to commemorate the death anniversary of Mary Ward.

Parish Day was celebrated on the 31st January with a specially organized Eucharist, cultural programme, and lunch. In the evening, we went over to Bharoul, to the Salesians, to celebrate the feast of St. John Bosco.

A thanksgiving prayer service was held for Sr. Priyanka Soreng on the 3rd of February, and she left the following day for Panighatta and then onto Kolkata.

Sr Mary returned on the 4th February after attending the Final Profession of Srs. Priyanka Dung Dung, MiriPhawa, and Mariana Bage in Jowai, Shillong.

It has warmed down considerably after a very cold winter, which has been intense, and the sudden change is a warm welcome after a 1degree Centigrade temperature, for those of us who are not used to the extreme cold.



Sr. Barbara Rudum

Darjeeling Community

The community witnessed the Episcopal Ordination of Coadjutor Bishop Edward Baretto on the 21st December 2025.

On the 23rd December, the Cathedral Parish felicitated Srs. Shanta and Flora CJ and Sr. Prabana SND on the occasion of the Silver Jubilee of their Religious Life.

On the 23rd January 2026, Srs. Janifa and Genevieve renewed their vows in the Loreto Convent Chapel in Darjeeling.



Bishop Edward Baretto celebrated the Eucharist in the community on the 30th January, followed by felicitation and lunch.

On the 7th February, a meeting of the Darjeeling Diocesan Women's Commission was held in the Parish Hall to plan the year's activities.



The community attended the ceremony of the Silver Jubilee of Sr. Reena CJ and the Thanksgiving celebration of the Final Profession of Srs. Sarina and Mariana in the Singla community on the 14th February.



Sr. Sushila Kerketta

Champasari Community

On December 1, 2025, Sr. Biviya took up her responsibilities at DMWSC as the new Director of the Social Centre.

On December 3, youth from Pradhan Nagar Parish visited our community for carol singing. We began with a short prayer, followed by joyful carols. Everyone danced together, and we enjoyed snacks and tea.

On December 26, Sr. Mary De Souza left for Dharan on transfer to begin her new mission there.

Also on December 26, Sr. Baiadamary arrived at Champasari en route to Kalimpong for her eight-day retreat. She returned on January 5, 2026, before proceeding to Shillong for her home holiday.

Our community celebrated New Year's Day with Srs. Stephanie and Janifa joining us for the day and shared a special lunch, filled with fun and dance.

On January 6, we celebrated Manita Kujur's (our cook's) birthday in the community. She treated us to a delicious dinner.



Mary Ward's Death Anniversary, our feast day, 30th January, was celebrated in a great way in the community. The staff of DMWSC was invited to the celebration. Our Sisters from Panighatta also joined us for the occasion.

8th February was Sr. Mariana Bage's Thanksgiving Celebration in Mariambari Tea Estate, Garidhura Parish. The community members were invited to it. Panighatta, Lolay, and Darjeeling too were present for the Mass, followed by felicitation and a grand lunch. We all joined in dancing at the end.

Sr. Sushila attended the Silver Jubilee and Final Profession thanksgiving Mass in Singla, of the St. Mary's Community on the 14th February.



Sr. Antoinette Rodrigues

Ranchi Community

CHRISTMAS MIDNIGHT MASS FOR THE PARISHIONERS:

This year, for the first time in living memory, the Parish Christmas Midnight Mass was held in Loreto Convent, in the Open Hall and in the quadrangle outside. Everyone, from the Parish Priest to all the parishioners, was very impressed with the decorations, the seating arrangements, with planned parking preparations. Most of all, they commented publicly about the atmosphere – that it was so prayerful and devout, fitting for such a beautiful occasion.

MARY WARD CELEBRATIONS FOR THE SCHOOL AND GUESTS – 30TH JAN:

What a happy and memorable day this was for all! At the Holy Eucharist, the atmosphere was palpably sacred and devotional. The students, their parents, and our other guests commented more than once on how exceptional the feeling was for them! Even the Bishop, His Eminence Vincent Aind, commented strongly on this and congratulated us for the good preparation and guidance of the girls. The Choir sang with unction with such a beautiful tone, especially the refrain: "Mary Ward, your dedication our inspiration...Mary Ward, live forever in our hearts".

After the Mass, the teachers surprised us with a beautiful 'Congratulations, dear Sisters' song, with the cutting of the cake by the Sisters, and a big household gift to the Community!

I was beside myself with wonder and delight at the tremendous spirit of the Teachers. Everyone also commented on the delicious food catered for the guests, while the parents and children got a good package of takeaway food.



Sr. Nithya Mary

Entally Community

WELCOME & FAREWELL:

We were truly delighted to welcome Sr. Teresa McGlinchey from Ireland on 21st October, who graciously spent a month with our community. Her presence was a tremendous blessing and a source of great joy to all of us. We were deeply enriched by her inspiring sharing and the wealth of experience she generously shared. Her simple yet profound reflections left a lasting impression on our hearts.

On 25th November 2025, the community gathered for a warm and joyful farewell dinner in honour of Sr. Biviya Lepcha. The evening was filled with laughter, heartfelt conversations, and delicious food. It was a beautiful occasion marked by gratitude and fond memories.

CHRISTMAS CELEBRATION

The spirit of Christmas filled our hearts as we gathered for a meaningful Christmas Eve prayer service. The exchange of our secret friend's gifts brought excitement and delight, while melodious carols created an atmosphere of warmth and joy. Together, we welcomed the newborn Baby Jesus with gratitude and renewed hope.



Later that night, we had the solemn Vigil Mass in our beautifully RENOVATED CHAPEL, which had been restored after a year of careful work. The special blessing of the chapel added to the significance of the celebration. The flickering lights, harmonious carol singing, and prayerful silence created a deeply sacred and uplifting experience. It was truly a soulful and grace-filled celebration.

MARY WARD FEAST MASS

On 30th January, we celebrated our Feast Day, the Death Anniversary of Mary Ward in our chapel. Fr. Rakesh Mondal SJ presided over the Eucharistic celebration and delivered a thought-provoking and inspiring homily on the theme, "Mary Ward: The Risk-Taker." His reflection encouraged us to embrace courage, trust in God's providence, and remain steadfast in our mission, just as Mary Ward did.

SUPPORT STAFF PICNIC

On 7th February, we enjoyed a delightful picnic at Sonarpur with our dedicated support staff. The day was filled with laughter, games, shared meals, and moments of relaxation. It was a memorable day for everyone.





Sr. Regina Thami

Updates from Bangladesh

The Friends of Mary Ward gathered on 8 February for a short prayer service marked by gratitude and commitment. Four members renewed their promises, while four new members made their first promise. The prayer, thoughtfully prepared by Sr. Agnes Butia, created a serene and joyful atmosphere.



The altar boys and girls came together on 7th February for a celebration. The day began with the Holy Eucharist celebrated by Fr. Joseph Chisim. A short program followed, and the gathering ended with a joyful dinner shared by all.



This is news from Maria Sick Shelter, where Sr. Regina works under the Barishal Diocese. It is a small project serving the very poor and needy patients who cannot afford to visit a doctor or obtain the medicines prescribed for them.

Sr. Regina leads a team that visits different villages every month—sometimes twice if necessary, and if there are sufficient funds for medicines and doctors' fees. Patients receive free check-ups and medicine. It is a truly satisfying service, though challenging at times. Sr. Regina is confident in her work and gives herself wholeheartedly to it. People are overjoyed whenever she visits the villages and offer her fresh vegetables, fruits, rice, cow milk, fish, and whatever else they can give with full gratitude.

She enjoys a very good rapport with all the parish priests, who refer patients from their parishes—those who cannot afford private doctors or proper medication.



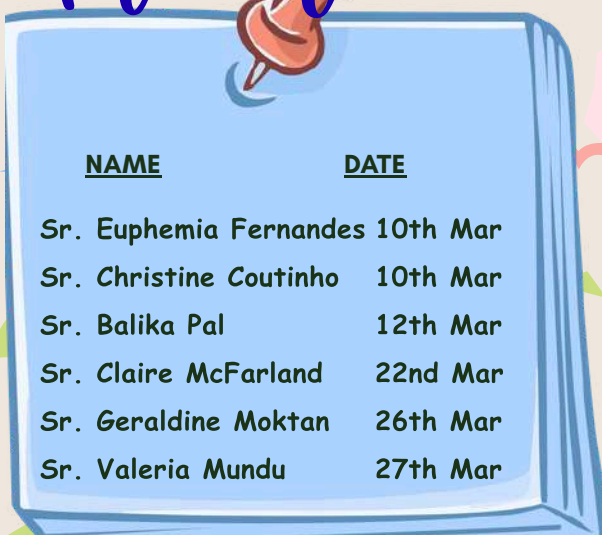
Whenever Sr. Regina and her team conduct health camps, they travel by public transport to save money. During rainy days, it becomes difficult—roads may disappear, forcing them to cross on a single bamboo or whatever is available. At present, the fund is exhausted, and we are awaiting the new one, but we continue visiting sick patients in different villages.



Birthdays and Feast Days!

BIRTHDAYS

March



<u>NAME</u>	<u>DATE</u>
Sr. Euphemia Fernandes	10th Mar
Sr. Christine Coutinho	10th Mar
Sr. Balika Pal	12th Mar
Sr. Claire McFarland	22nd Mar
Sr. Geraldine Moktan	26th Mar
Sr. Valeria Mundu	27th Mar

April



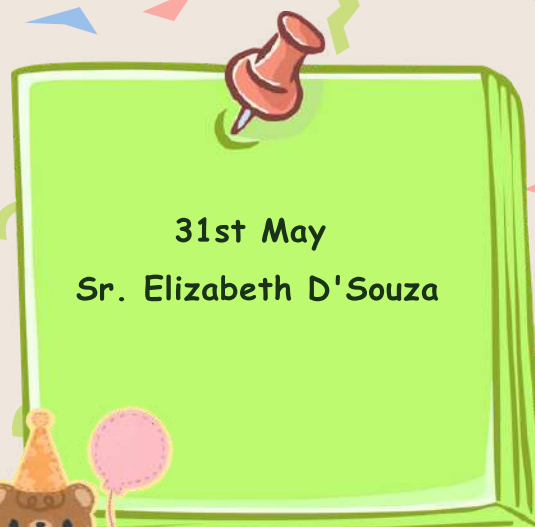
<u>NAME</u>	<u>DATE</u>
Sr. Priyanka Soreng	4th Apr
Sr. Marilla D'Souza	5th Apr
Sr. Binista Kerketta	13th Apr
Sr. Baishakhi Mondal	21st Apr
Sr. Eithne McDonald	26th Apr
Sr. Mable Pramila Rudum	29th Apr

May



<u>NAME</u>	<u>DATE</u>
Sr. Elizabeth D'Souza	2nd May
Sr. Monica Rozario	4th May
Sr. Anita Maria Braganza	7th May
Sr. Binita Surin	10th May
Sr. Gloria Lakra	13th May
Sr. Nirmala Toppo	15th May
Sr. Nirmala Minj	16th May
Sr. Biviyana Lepcha	17th May
Sr. Bernadette Lepcha	20th May
Sr. Sarita Horo	26th May
Sr. Manjula Lomga	28th May

FEAST DAYS



31st May
Sr. Elizabeth D'Souza



SR. ANTOINETTE RODRIGUES
60 YEARS
OF RELIGIOUS LIFE



Loving God, we praise You for the radiant legacy of Sr. Antoinette, who has walked 60 years in Your consecrated service.

Bless her with renewed vigor, profound peace, and the joy of Your abiding presence.

As she has sown seeds of faith, love, and wisdom in countless lives, shower her with heavenly gratitude and strength for the years ahead. Surround her with the affection of her community, honoring her fidelity.

May her jubilee echo eternally in paradise.

Amen.



SR. M. TRESSIA T ARICATT
50 YEARS
OF RELIGIOUS LIFE



Loving God, we give You thanks for Sr. Tressia's steadfast 50 years of religious dedication, a testament to Your grace.

Bless her abundantly with health, serenity, and the sweet fruits of her labors.

As she has nurtured souls with compassion and prayer, envelop her in Your tender embrace and the love of her sisters.

Renew her spirit for continued witness, filling her days with heavenly joy. Honor her fidelity with eternal light.

Amen.



Sr. Monica Suchiang

Loved, Called, Gifted

A sacred hush fell over Jowai Parish as grace touched us all. Miri, Priyanka, and Mariana professed their vows amid Bishops Ferdinand Dkhar and Paul Simick, priests, sisters, families, and friends. The Eucharistic celebration echoed the theme: “Praise the Almighty God.” It was a true balm of divine comfort for everyone present.

First loved by God, they heard and answered the call. In them, Mary Ward’s dream of the “Just Soul” shines: lives grounded in freedom, justice, and sincerity, navigating our world’s shadows and dreams. As contemplatives in action, they seek God in prayer, encounter and mission, offering hope especially to those on the edges.

We owe deep thanks to the Mihmyntdu Church community. Priests, parents, altar servers, choir, organists, parish groups, and organizers crafted this event with humble, generous hearts. Their full embrace showed the Church alive—a people walking together in faith, service, and mission.

In my words to the sisters, I praised their bold “yes” to God’s soft call. Like Mary Ward’s secret “lemon juice letters,” their steady faithfulness will unveil grace day by day, in quiet acts of love and service.

The joy spilled into fellowship as we celebrated these gifts—sisters loved by God, called by name and given for the world’s life.

In silent thanks, let us ponder:

How is this grace awakening our own “yes”?

